

Name: \_\_\_\_\_ Company: \_\_\_\_\_  
E-mail: \_\_\_\_\_ Phone #: \_\_\_\_\_

## THREE/SIX MONTH SELF-ASSESSMENT

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Three and six month assessments are a critical part of our ongoing process improvement process. Please take a few minutes and answer the five questions regarding your mentoring experience.

**1. To what extent is this mentoring relationship helping you grow?**

- To a great extent
- To some extent
- To little extent
- Not sure

**2. To what extent have you and your Mentor established developmental goals and objectives that you are working on?**

- To a great extent
- To some extent
- To little extent
- Not sure

**3. How frequently do you meet in person or electronically?**

- More than once per month
- Once per month
- Less than once per month
- We have not met in the last two months
- Other: \_\_\_\_\_

**4. Who initiates the meeting?**

- I, the Protégé, initiate and schedule all meetings
- Both my Mentor and I set the schedule
- My Mentor initiates the meetings
- We don't meet regularly

**5. What concerns, if any, can we resolve in your mentoring relationship?**

**6. What can we do to improve the Mentoring Program?**